Afton Trail Races: Hot, Humid, Hilly

8. Tom 9. Scot

19. Jon Drew, 47

20 Diane Pietila, 28

21 Stan Nowakowski, 44

23. Lynette Thompson, 42

25. Maura Schwartz, 40

22. Laura Clements, 38

24 Doug Thomas, 46

26 Mark Grimes, 45

27 Johnny Gooch, 27

28. Steve Krampe, 50

30. Todd Roswold, 49

32 Barbara Dahl, 48

33 Ed Dallmann, 42

35 Carol Zazubek, 51

37 Anne Siegrist, 45

38. Joel Hermann, 43

39. Larry Butcher, 53

40. <u>Amy Pease</u>, 32

41 Allan Holtz, 50

48

36 Bob Frawley, 43

29 Brian Ciske, 44

31. Jeff Allen, 34

34 Jo Vos, 50

AHH-THE WEATHER. For a day in the tropics the weather couldn't have been better, but for a day in Afton State Park in Minnesota it was anything but paradise. Even the unflappable Charlie Hubbard, with a streak of 11 straight 50-km wins going, agreed that this day was the worst combination of heat and humidity in which he has ever run.

Terry Stockton, the hard working, under appreciated and just plain fabulous race director (assisted by his wonderful wife Audrey), but never one to leave just plain hard enough alone, also threw in some new features, including "rock and roll hill" and a few creek crossings for good measure.

Hats off also to the 59 finishers of this event, which represented the 70 percent of the field. Ice abounded for the runners finishing the grueling two-loop course. The accompanying 25-km, which consisted of only one loop of the 50-km course (and my most brilliant decision of the day) had 183 starters and 161 finishers.

Paulette Dow

Afton 50 Km Trail Run

Afton, Minnesota July 8, 2000

Irails, loop		42 <u>Jane Knotz</u> , 48
		43 Jeffrey Swainhart, 45
 Charles Hubbard,38 	4:07:16	44. John Rikkola, 52
2. Todd Nott, 36	4:40:49	45 Donna Sutherland, 33
3 Robert Clementz, 42	4:54:33	46 Alfred Sauld, 54
4. Larry Ochsendorf, 55	4:56:40	47 John Leverty, 38
5. <u>Traci Amundson</u> , 25	5:15:26	48 Don Garvey, 43
6. Danny Ripka, 43	5:16:22	49 J. Mike Millania, 45
7 Mary McGlinch, 36	5:1 <i>7</i> :31	50 Don Baun, 50
		· · · · · · · · · · · · · · · · · · ·

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	Tom Quinn, 40	5:24:39	51 Les Martisko, 56	7:45:14
9	Scott Marsh, 31	5:25:47	52. <u>Sara Cherne</u> , 51	7:50:54
10	Tom Andrews, 46	5:26:44	53. Brett Stanley, 38	8:01:31
	. Peter Ylvisaker, 38	5:32:23	54. Umer Abd-Ál-Haleem, 56	8:04:05
12	. Gus Virkus, 50	5:36:56	55 Jim Brieske, 56	8:13:05
13	. Herb Byun, 56	5:38:43	56 Peter Bulter, 68	8:24:22
14	Andy Frederick, 27	5:41:05	57 Donald Clerk, 49	8:30:51
15	<u>Carola Tolle</u> , 36	5:43:19	58 Loren Albin, 48	8:43:11
16	Rick Lindquist, 44	5:46:28	59 Timothy Johnsen, 41	9:01:03
1 <i>7</i>	Gary Giannunzio, 55	5:52:07	84 starters	
18	Timothy Potter, 46	5:52:09		

6:01:14

6:01:42

6:06:54

6:10:30

6:15:50

6:16:01

6:16:51

6:21:51

6:21:54

6:23:54

6:24:32

6:24:55

6:30:20

6:22:47

6:44:35

6:45:01

6:49:10

6:49:32

6:51:36

6:56:39

7:03:14

7:08:56

7:08:57

7:12:48

7:14:26

7:16:11

7:17:22

7:18:44

7:20:11

7:36:54

7:39:00

7:40:46

High Mountain 50 Km

THE FIRST ANNUAL High Mountain 50 Km, held July 15 near Leadville, Colorado, was a great success despite a huge thunderstorm that caught runners in the middle of the second loop...

Thirty-one racers began the first loop at the High Mountain Institute (HMI), a local school that has started the race as a small fundraiser. Runners quickly joined the Leadville Trail 100 course to the top of Sugarloaf Mountain. After climbing more than 2,000 feet, they followed the Colorado Trail down to Turquoise Lake. where they found a well-stocked aid station at the halfway point on the loop. The second half of the first loop involved running along the single track around the lake and back to HMI. Thirteen runners started the second loop in the reverse direction, although only nine were able to make it over Sugarloaf in the storm.

Solid course records were set in both races. In the 25-km, local Tom Sobal of Leadville finished in a time of 2:07:49. In the 50km, the husband and wife team of Deb and Russ Bollig from Boulder finished the first lap in 2:33 and finished the 50 km in 5:24:40. Despite the weather, all the runners enjoyed a beautiful course, great aid, and a delicious pasta meal at the finish.

> Christopher B. Barnes, High Mountain Institute

High Mountain 50 Km

Leadville, Colorado July 15, 2000 Trail loop

1. <u>Deb Bollig</u>	5:24:40
2. Russell Bollig	5:24:41
3. Tom White	6:25:45
4. Johnathan Zeif	6:31:26
5. <u>Andrea Wiegand</u>	6:55:3 <i>7</i>
6. Dale Perry	7:01:34
7. Mike Sadar	7:01:35
8. <u>Susan Gebhart</u>	7:40:19
9 Melissa Lee-Sobal	7:40:20