

Shadow of the Giants 50 Km

Fish Camp, Calif.
Trails

June 5, 1999

1. Ian Torrence,26	3:52:51
2. Rob McNair,44	4:09:37
3. Tom Green,33	4:16:42
4. Doug Spencer,40	4:37:22
5. Paul Bonnet-Castillo,37	4:42:47
6. Dave Covey,38	4:47:22
7. Steve Weishapl,39	4:57:29
8. Errol Jones,49	5:00:05
9. Tim Varner,47	5:00:48
10. Wilson Gorrell,31	5:04:38
11. Brian King,32	5:04:49
12. Jean Paul Mazaud,47	5:05:34
13. David Johantgen,40	5:06:21
14. Mark Eickhoff,37	5:09:00
15. Kristin Dantagnan,29	5:10:12
16. Michael Soltesz,42	5:10:13
17. Mark Melvin,38	5:13:21
18. Peter Penland,43	5:15:28
19. Chris Luberecki,32	5:20:18
20. Faron Reed,46	5:26:45
21. John Neuberger,36	5:27:06
22. Doug Beyerlein,48	5:32:36
23. Ron Dunlap,60	5:34:50
24. Joe Nowakowski,45	5:38:32
25. Larry Minogue,42	5:38:47
26. Graham Koopp,29	5:50:39
27. Dave Goodwin,51	5:51:56
28. Chris Muller,29	5:53:28
29. John Medinger,48	5:53:54
30. Matt Radeski,39	5:55:59
31. Rick Hodges,50	6:00:19
32. Betsy Nye,34	6:02:56
33. Wendy Ackermann,33	6:02:56
34. Marge Dunlap,60	6:03:28
35. Ralph West,47	6:05:46
36. Debra Melvin,45	6:11:05
37. Jack Slater,52	6:16:42
38. Molly Donnellan,36	6:17:45
39. Ben Bergstrom,48	6:18:21
40. Leonard Garza,52	6:18:53
41. Dale Sutton,59	6:19:57
42. Tom Grossi,54	6:22:58
43. Maurie Bousquet,56	6:23:55
44. Gordon Johnson,53	6:26:35
45. Bob Davis,48	6:29:10
46. Sheryl Fant,33	6:30:10
47. Richard Velez,57	6:30:12
48. Elizabeth Kennedy,36	6:32:53
49. Bob Kronkhyte,42	6:35:52
50. Rita Schildknecht,35	6:37:22
51. Ted Peck,49	6:37:24
52. David Shampain,37	6:39:10
53. Kim Hocking,50	6:42:01
54. Bob Carpenter,61	6:42:26
55. Chaennon Lyons,54	6:43:00
56. Sharlene Cadwallader,50	6:43:25
57. Barbara Amato,42	6:44:33
58. Melody Varner,49	6:44:45
59. Rebecca Hahn,42	6:46:12
60. Gary Zicker,47	6:40:12
61. John Perez,39	6:46:56
62. Liz Hodges,48	6:46:56
63. Rick Burns,44	6:47:23
64. Carol Witwer,47	6:48:39
65. Clement Choy,51	6:53:04
66. Catra Corbett,34	6:53:52
67. Nels Ruud,31	6:54:38
68. Paul McBride,42	6:55:56
69. Mike Miller,47	6:56:58
70. Mark Adams,36	7:05:35
Katie Simpkin,37	7:05:35
72. Tom Pelsor,54	7:06:18

73. Juan Sobenes,61	7:06:36
74. Lisa Nestore,38	7:10:49
75. Lisa Williams,34	7:12:53
76. Roger Hale,42	7:13:44
77. Norman Hall,49	7:18:39
78. Terry Grill,45	7:22:42
79. Larry Grill,49	7:22:42
80. Sam Ferrel,65	7:24:05
81. Sandy Waddell,58	7:28:20
82. James Pepin,50	7:28:36
83. Brian Tsuyuki,47	7:35:09
84. Ed Christopher,50	7:35:27
85. Teresa McCoul,39	7:43:21
86. Audrey Taylor,43	7:42:49
87. John McCoul,39	7:43:21
88. Hank Newell,60	7:54:15
89. Richard Hopkins,63	7:58:24
90. Stephanie Mazaud,37	8:13:32
91. Jurgen Ankenbrand,58	8:13:32
92. Christine Osorio,46	8:18:50
93. Jane Fraser,56	8:19:49
94. Pam Albin,47	8:21:32
95. Loren Albin,47	8:21:32
96. Deborah Ross,37	8:31:58
97. Lynn Lesh,43	8:32:12
98. Cindy Stigall,35	8:36:09
99. Larry Jones,57	8:36:13
100. Dan Marinsik,40	8:37:56
101. Bob Moses,53	8:38:01
102. Pat Moses,60	8:38:01
103. Kristin Leaf-James,44	8:40:01
104. Phil Newberg,61	8:48:55
105. Thomas Davis,56	8:50:24
106. Ken Purucker,62	8:50:41
107. Roy Benstead,63	8:50:42
108. Ruth Anderson,69	9:12:36
John Davis,65	9:12:36

It was, of course, magic: R. D. Baz Hawley pulled another rabbit out of the hat at the tenth annual Shadow of the Giants 50 Km at Fish Camp, California, just south of Yosemite National Park. Earlier in the week, a fresh snowfall left two inches of snow covering the course. No worries—Baz will see that it is all melted by race day. The day before the race, it was cloudy and cold. No worries—Baz will make sure that race day is sunny and pleasant.

So, yes, the snow was all melted, the day was way sunny and mild, and the event was another production of down-home fun. As usual, at mile 22 runners were treated to a tour of the Nelder Grove, with 2000-year-old, 300-foot tall giant sequoias, some with a diameter of more than 20 feet at the base: simply awe-inspiring.

In true "Bazian" fashion, exactitude was not of particular consequence. The concomitant 10-km run, for instance was, I quote: "One time around the 11-km loop." The whole enchilada was two times around the 11-km loop, a 3.5-mile section that was run both out and back, and a 13-mile loop. You do the math. In any event, no one was charged anything extra, including several runners who went off trail on the tricky 11-km loop. (It was well-marked, but you still had to pay close attention as some folks found out!) The event is part of the Southern California Ultra Grand Prix, despite being at a latitude slightly north of San Jose.

The longer distance makes Ian Torrence's record-shattering time of

3:52:51 even more impressive. Rob McNair was second and was feted for being the only runner to have completed all ten Shadows.

Be assured that all had a good time
How couldn't you, with such magic?

John Medinger

Afton Trail 50 Km

Afton, Minn.
Trails

July 3, 1999

1. Todd Nott,35	3:49:51
2. Timothy Larson,43	4:26:23
3. Thomas Zak,34	4:32:33
4. Thomas Egger,40	4:37:30
5. Paulette Dow,42	4:40:13
6. Sarah Mercer,31	4:41:32
7. Terry Hakkola,49	4:42:06
8. Matt Whalen,23	4:56:18
9. Mike McAvoy,48	4:58:29
10. Andy Martens,33	4:59:33
11. Michael Scandrett,45	5:02:16
12. Paul Holovnia,37	5:02:48
13. Edward Coutu,51	5:05:18
14. Mary McGlinch,35	5:07:02
15. Michael Ward,41	5:10:00
16. Traci Amundson,24	5:13:51
17. David Cox,40	5:15:01
18. Ed Dallman,54	5:16:02
19. Joe Felt,41	5:16:12
20. Douglas Thomas,45	5:16:27
21. Pete Ylvisaker,37	5:16:58
22. Wendy Hanson,27	5:17:06
23. Jan Schlueter,39	5:18:11
24. Laura Clements,37	5:20:50
25. Stan Nowakowski,43	5:22:42
26. Tim Potter,45	5:26:08
27. Diane Pietila,27	5:27:54
28. Les Harder,41	5:28:22
29. Mick Justin,51	5:29:07
30. Zeb Gray,45	5:33:34
31. Jo-Anne Kroemer,32	5:33:45
32. Luther Thompsan,54	5:35:35
33. David Nelson,58	5:36:49
34. Maura Schwartz,39	5:40:30
35. Steven Weiss,40	5:41:36
36. Les Martisko,55	5:45:32
37. Mark Delorme,44	5:47:20
38. David Daubert,53	5:48:06
39. Alfred Sauld,52	5:50:25
40. Jonathan Wall,40	5:52:26
41. Doug Norman,36	5:52:51
42. Allen Holtz,49	5:53:45
43. Tom Weigt,47	5:54:04
44. Carol Zazubek,50	5:54:38
45. Steve Homa,54	6:02:43
46. Sara Cherne,50	6:04:45
47. Paul Rogan,30	6:07:41
48. Bob Rorke,40	6:11:12
49. Dennis Krantz,52	6:12:47
50. Mike Hunter,37	6:15:29
51. Larry Butcher,52	6:24:11
52. Brad Drake,44	6:24:15
53. Patrick Gorman,40	6:24:19
54. Tim Simonet,50	6:31:14
55. Sue Simonet,50	6:31:16
56. Cherie Baker,52	6:33:02
57. Debbie Bailey,38	6:33:04
58. Jeffrey Swainhart,44	6:36:38
59. Amy Pease,31	6:37:24
60. Jane Knotz,47	6:45:50
61. Wally Goettl,53	6:45:51
62. Janice O'Grady,50	6:46:02
63. Bruce Brothers,52	6:48:30
64. Morice Labossiere,32	7:00:00+

65. Brett Stanley,37	7:00:00+
66. Donald Clark,47	7:00:00+
67. Robert P. Thorbus,36	7:00:00+
68. Marvin Sato,60	7:00:00+
69. Theresa Jochum,53	7:00:00+
70. Vernon Lange,66	7:00:00+
71. Jeff Wold,41	7:00:00+
72. Jack Thomas,46	7:00:00+
73. Nita Kay LeMay,47	7:00:00+
74. Loren Albin,47	7:00:00+
75. Peter Butler,67	7:00:00+
76. Steve Howarth,51	7:00:00+

The Afton Trail 50 Km was held on Saturday, July 3, 1999, in Minnesota's Afton State Park. Severe thunderstorms delayed the start of the race for about 30 minutes, leaving the trails in wet, but runnable condition. However, with the humidity remaining near 100 percent for the duration of the race and with the sun breaking through the clouds after the third hour, it quickly became a brutally hot, humid day.

Times were generally slower than usual for the annual event, since runners struggled to stay hydrated as they navigated the 6,300 feet of ascent and descent along the western shore of the scenic St. Croix River.

Nebraskan Todd Nott charged out to an early lead and the eventual win, while St. Paul resident Paulette Dow was the first woman to cross the finish line, surviving a dramatic charge by Golden Valley's Sarah Mercer in the final few miles of the race.

Bob Metzger

Wapack End to End

Ashburnham, Mass. June 27, 1999
Trails, 22 miles

1. Joann Murphy	4:27:00
2. Steve Pero	4:29:00
3. Paul Funch	4:35:03
4. Pam Alexander	4:37:00
5. Jacky Foster	4:52:00
6. Patty Dalconzo	4:53:00
7. Peter Orni	5:12:38
8. Bruce Marvonek	5:15:00
Eric Moore	5:15:00
10. Deb Reno	5:30:00
11. Geoff Going	5:30:58
12. John Carey	5:32:00
13. Janet Morrison	5:37:00
14. Ken Gulliver	5:38:06
15. Ollie Holt	5:59:58
16. Bob Wurtele	6:50:00
17. Art Gulliver	7:04:00
18. Peg Ryan	7:06:09
19. Richard Busa	7:49:59

This was the fourth year for this "fun run." It was the hottest year yet with temperatures in the 90s. That made the ridge-line seem like a furnace when you left the trees and journeyed out onto the rocky ledges.

We never get many people at this event. Since we carpool to the start, it makes it difficult to have big crowds. By having a no-fee run, everyone who wants a T-shirt and a bib number stays home.

Joann Murphy didn't stay home even though she was told to. She was visiting a

neighbor who had another runner over who had done the Wapack Run Across the Border 17.5-mile (run on some of this trail in September). He told her it was too tough a trail and she wouldn't make it, so she should stay home. She came, conquered, and was only five minutes off the men's course record set last year when the weather was much cooler.

Ken Gulliver (R.D.)

Saddle Road 100 Km Ultramarathon

Kamuela, Hawaii May 1, 1999
Roads

1. Lyman Perry,32	10:25:53
2. Miguel Furrelo,32,ARG	10:48:31
3. Ken Shirk,55	13:15:13
4. Pete Cahill,41,TX	14:26:00
Kawika Spaulding,45	14:26:00

We had a small field of five runners, but for the first time in recent memory the whole field was up to the task. We had a 100-percent finishing rate. The weather was the usual mixed saddlebag: cool, but not rainy at the 4:00 a.m. Waimea start. The sun heated things up between 35 and 50 km. It

was mostly overcast, but dry going down the 6,000-foot hill into Hilo. We did get a hard but brief shower at around 70 km, a strange experience from hard drenching rain to no rain in a matter of two steps, like opening the shower door and walking out.

In the race for first place, Miguel from Argentina took the early lead out of Waimea and up into the Saddle. Defending champ Lyman Perry bided his time the first 10 km, cruising with Ken Shirk. After 50 km, Lyman caught and passed Miguel, and the race was on. Lyman was able to slowly open the gap, as both men maintained good form to crack the 11-hour mark. It was good to have Ken Shirk, the "moo-man," back. He seemed to enjoy the downhill finish, cutting more than an hour off his time from last year.

It was nice to host my old buddy "Pistol" Pete Cahill from Texas. He garnered his second finish, the last being in '89. We spent most of the day together cruising and swapping stories. He has had a busy spring, including his first 100-mile.

A very special Mahalo to all the crew and race staff who made it possible for us to chase our dreams, especially Rusty Navin, Stephanie Amick, "Wild" Bill Kinney, and my wife Teresa. See you next year on the last Saturday in April.

Kawika Spaulding (R.D.)

Dear UR

To the Editors:

Adam Chase's review of altimeter watches was interesting, but it is important to add that Suunto has missed the boat: the chronometer feature in the Vector "Wristop Computer" has only two splits. The company has continued this unfortunate error in its Altimax model, and even in the high-end "X-Lander" version, an otherwise beautiful machine with a high-quality case, a fancy wristband, and an equally fancy price of \$299. The lack of multiple-split capability is annoying—you can't run intervals or record selected point to points at an ultra, to just name a few inconveniences. By the way, what good is the Altimax "adventure watch" without a compass?

The Freestyle Altimeter also has a fatal flaw, in my view: it is not water resistant. There's a little hole in the back of the case, presumably for the barometer.

Suunto came within a whisker of creating the ultimate "has-all-features, you-gotta-have-one" watch, but the makers didn't quite reach the finish line.

Dan Temianka
Palos Verdes Estates, Calif.

To the Editors:

We at the Ultrarunners Supporting Ultrarunners (USU) Fund would like to thank the ultrarunning community for its contri-

butions to the fund in 1998/1999. Now in its third official year, the fund is growing, thanks to your generous support. We collected \$5,300.00, up from \$3,052.00 in 1998 and distributed \$5,250.00 amongst the 12 team members, two managers, and one doctor. Each team member received \$350.00, an appreciable increase from the \$131.60 given to each team member in 1997 and the \$200.00 given in 1998.

We have some other good news: The USU Fund is now a 501(c)3 organization. The nonprofit period begins December 3, 1997. All contributions made after that date are considered tax-deductible.

Next year's 100 Km World Challenge will be held in Winschoten, The Netherlands, on September 9. Team members will be named in early 2000. Our goal this year, with your generous support, is to reach \$10,000. Thanks to you, the USU Fund will continue to offer America's best ultrarunners the chance to prove that the U.S. ultrarunning community is indeed the best in the world.

For more information about the USU Fund, check out our website at <http://www.run100s.com/USU/>. We can be contacted at usufund@hotmail.com. To contribute to the 1999 USU Fund, mail a check (any amount) payable to "USU FUND" to: Stewart Logie, Treasurer, USU Fund, 123 Dot Avenue, Campbell, CA 95008. Thanks for all your ultra support.

Chrissy Duryea-Ferguson, President
Stewart Logie, Treasurer
Renée Despres, Secretary