

Afton 50 Km Trail Race

Afton, Minn.

July 6, 1996

25-km loop, hilly trails

1. Larry Ochsendorf,51	4:14:15
2. Fred Huiras,31	4:28:04
3. Rick Lindquist,40	4:30:54
4. Paulette Dow,39	4:31:19
5. Terrance Hakkola,46	4:42:07
6. Russ Pomeroy,44	4:53:50
7. Bob Frawley,39	4:59:06
8. John Rodee,53,WI	5:05:37
9. Bobby Abbott,42	5:05:57
10. Debi Hogan,38,IA	5:07:59
11. David Just,36	5:08:23
12. Bob Rorke,37	5:11:23
13. Eugene Curnow,51	5:11:36
14. Jeffrey Crosby,41,WI	5:14:01
15. Michael Scandrett,42	5:16:48
16. Bill Lee,47	5:17:48
17. Roe Erlandson,53	5:19:54
18. Michael Cloutier,35	5:24:16
Jeff Goldstein,39	5:24:16
20. Dave Ramsey,42	5:25:31
21. Ed Dallmann,51	5:26:39
22. Mike Hunger,34	5:31:16
23. Tim Potter,42	5:33:53
24. Richard Woodbury,51	5:34:38
25. Brenda Hann,45,CAN	5:36:56
Les Harder,38,CAN	5:36:56
27. Byron Adams,41	5:37:37
28. Carole Briggs,35,CT	5:44:16
Laurie Woodbury,41	5:44:16
30. John Tomsyck,46	5:48:50
31. Michael Kent,50,IA	5:49:21
32. Joe Felt,38	5:52:53
33. Lisa Conover,38,WI	5:53:29
34. David Cameron,33,IL	5:57:33

35. Dick Hogan,50,IA	6:00:10
36. Fat Rabbit,48,WI	6:07:13
37. Kathleen Weix,47,WI	6:09:04
38. Mike Farris,40	6:13:02
39. Steve Fulton,45	6:13:46
40. Richard Ross,44	6:14:49
41. Jim Sisko,43,WI	6:16:42
42. Steve Homa,51	6:18:30
43. Robert Swan,49	6:18:33
44. Lloyd Whitmer,45	6:19:27
45. Wendy Hanson,24	6:30:46
46. Tony Kammerer,50	6:36:35
Gregg Redden,54	6:36:35
48. Allan Holtz,46	6:45:15
Kris Rogers,43	6:45:15
50. Donald Clark,44	6:51:11
51. Dale Zimm,61	6:51:43
52. Janal Kalis,45	6:58:19
53. Peter Butler,64	6:59:05
54. Joe Schletty,48	6:59:07
55. Don Berdan,50	7:05:30
Nancy Gilbert,47	7:05:30
57. Loren Albin,44	7:08:21
58. Karen O'Grady,38	7:51:21
59. Linda Bohrer,55	8:21:34
60. Jerry Redog,58	8:31:34
61. Gerry Beardsley,45	8:49:38
66 starters	

Overcoming the handicap of a torn anterior cruciate ligament in one knee, 51-year-old Larry Ochsendorf of Apple Valley, Minnesota, pulled away to a 14-minute victory in the Afton 50 Km Trail Race. Ochsendorf injured the knee skiing last winter, but was told by his physician that he would not damage it further by running. In June he finished third at the FANS 24 Hour

Run in Minneapolis with a distance of 120.1 miles.

Paulette Dow, 39, of St. Paul, was the first female finisher and fourth overall. It was a pleasant, not-too-hot day for running through the hilly park adjacent to the St. Croix River.

Bruce Brothers (R.D.)

Man Against Horse 50 Mile

Prescott, Ariz.

October 5, 1996

Mountainous trails and fire roads

1. Scott Modzelewski	7:16!
2. Chuck Walker	7:21
3. Paul Bonnett-Castillo	7:54
4. Scott Devlin	8:09
5. Sherry Kay Johns	8:19!
6. John Kubica, Jr.	8:24
7. Bill Antholine	8:28
8. Jeff Brake	8:41
Martin McDermot	8:41
10. Gene Joseph	8:50
11. Mike Devlin	9:17
12. Joe Galope	9:21
Eric Benson	9:21
14. Julie Arter	9:27
15. Chuck Smillie	9:37
16. Karsten Solheim	10:43
17. Jim Folsum	10:50
18. Tom Gentle	10:55
19. Judy Overhotzter	11:10
20. Pam Golden	11:23
21. Ross Zimmerman	11:27
30 starters	

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