## Afton 50 Km Trail Run

Afton, Minn. 25-km loop, hilly trails	July 1, 1995
1. Charles Hubbard,33	3:28:32
2 Detriels Delman 42	2.46.47

25	-km loop, niny trans		
1.	Charles Hubbard,33	3:28:32	
2	- · · · · · · · · · · · ·	3:46:47	
3.		3:55:43	
4.		4:01:23	
5.		4:04:06	
6.		4:15:03	
7.	Darrin Johnson,28	4:33:52	
8.		4:36:37	
9.		4:39:30	
10.		4:39:33	
11.		4:44:05	
12.		4:45:01	
13.		4:49:13	
14.		4:51:20	
15.		4:54:11	
16.		4:55:07	
17. 18.		4:56:05 4:57:57	
19.		5:02:04	
20.		5:02:43	
21		5:05:24	
22		5:06:21	
23		5:08:26	
24.		5:12:53	
25.	Gary Korby,49	5:12:53	
26.		5:13:07	
27.	Mike Millonig,40	5:13:47	
28	Patrick Loos, 39	5:17:09	
29	Joe Felt,37	5:20:12	
30.	Alan Rousseau,50	5:20:14	
31.	Joseph Franco,37	5:21:03	
	Bill Wenmark,47	5:26:20	
33.	Debi Hogan, 37, IA	5:26:21	
34		5:34:09	
35 36		5:39:36	
37.	Bill Piper,49,PA	5:44:54 5:47:59	
	Markus Bosch,36	5:50:07	
39	Fat Rabbit,47,WI	5:53:29	
	Jim Brieske,51,WI	5:55:40	
41.		5:59:05	
42	Mark Wernstrom,35	6:04:52	
43	Steven Perry,52	6:07:48	
44	Steve Homa,50	6:08:41	
45	Karen O'Grady,37	6:13:58	
46.		6:18:13	
<b>47</b> .		6:24:07	
48.		6:28:08	
	Kris Rogers,42	6:30:00	
50	Monica Wenmark,37	6:30:01	
51	Dick Hogan,49,IA	6:30:21	
52. 53.	Joe Schletty,47	6:34:27 6:35:03	
53.	Peter Butler,63 Carl Fritsch,36	6:42:16	
54. 55.	Greg Anderson,47	6:47:34	
55. 56	Loren Albin,43	6:48:18	
56 57	Nancy Gilbert,46	7:49:58	
58	Cheri Moline,42	7:49:58	
59	Tony Kammerer,49	7:49:58	
60	Denny Moline,47	7:49:58	
61	Gerry Beardsley,44	8:09:09	
62.	Karen Lucy,51	8:09:53	
63.	Dale Blichmann, 70, MI	8:32:16	
70 starters			
	man a a a		

This was the second running of the Afton 50 Km Trail Run; there is also a 25km, which had 121 starters and 112 finishers. We had a nice day with a cool start, but warming up to the 70s. This year we added another hill, and many people who didn't get enough hills last year came back to do it again. Both of last year's 50-km winners,

Charles Hubbard and Jan Schlueter, were back to defend their titles, and both were successful. Among the other finishers was Dale Blichmann, who at the age of 70 completed his first ultra!

It's great to volunteer at races, to give back a little of the joy I get from running in other events. I encourage everyone to volunteer for at least one event a year. Thank you runners, volunteers, and sponsors for another great race.

Pam Albin

## Virgil Mt. Madness Run

Virgil, N. Y. Aug. 13, 1995 19.4-20.6 miles; rugged hiking trail

	Dono immoo, reggota mani	is truit
	Jim Jones,40	2:50:56
2	Gary Burdick,40	2:51:10
3	Tim Schopen,33 Dan Dominie,31	2:54:28
4	Dan Dominie,31	2:57:40
- 5	Jim Booker 36	3:11:52
6	Mike Wright,46 Eric Feduck,24,PA	3:12:27
7.	Eric Feduck,24,PA	3:15:45
8.	Steven Mull,29,PA	3:21:03
9.	Matt Stewart.33	3:21:39
10.	Brett Ayliffe,25,ONT	3:22:25
11.	Don Geesler,45	3:23:04
12	Joe Dabes,56	3:24:07
13	Len Sparks,25	3:28:31
14	Vic LaPort,55,MA	3:33:00
	G.B. Tenhue,33	3:35:44
	Mickey Lackey,50,NC	3:35:52
	Antonio Carrasquillo,34	3:36:59
	Jim Davis,40	3:38:29
19		3:41:31
20.		3:44:20!
21		3:46:21
22.		3:46:36
23		3:46:37
24		3:49:13
25		3:49:15
26		3:50:11
27		
28	Corrio Posso 20	3:51:26
29	Corrie Boese,39	3:52:22
30		3:52:53
31		3:53:03 3:55:23
32		
		3:57:35
33. 34.		3:59:00
35	Jeffrey Juran,38	4:00:07
36	Lorrie Marnell,34	4:01:03
37	Greg Foster,40,PA	4:01:09
38		4:01:23
39	Kenneth Keidel,43	4:01:54
		4:02:00
40 41	James Miner,46	4:02:40
	D 77711 55	4:07:17
42	Don Villeneuve,55 Kevin Lawrence,36	4:07:19 4:09:35
	Kevin Lawrence,30	
44		4:09:37
	Susie Koch,40,PA John Edwards,58,PA	4:11:11
40	Nobil Photolish 47 ONIT	4:11:19
47.	Nabil Khairallah,47,ONT	4:11:23
	Bill Hrostowski,40	4:14:42 4:14:44
	Jack VanDerzee,46	4.14.44
50.		4:14:53 4:15:41
51.	Rick Canavan,?	
52.	Tim Carver,44	4:17:38
53.	Frank McCardell,52,PA	4:22:26
54	John Wakelin,49,ONT	4:28:32
55.	Joe Gottler,42,MI	4:28:32
56.	John McMurry,53	4:29:27
57.	Jim McKee,57	4:35:19
58.	Ken Gulliver,31,MA	4:37:21
59	John Beach,47	4:39:38

60.	Anne Myers,37	4:43:59	
61.	Daniel Farr,42	4:47:56	
62.	Norm Bowell,58	4:47:58	
63.	Gregory Griffith,31,PA	4:48:27	
64.	Deb Stokes,42	4:49:36	
65.	Marcia Peters, 38, PA	4:49:39	
66	Greg Ramin,36	4:50:14	
67.	Lynn Morrow,47,PA	4:51:38	
68.	Janet Foster, 39, PA	4:51:47	
69.	Douglas Hook,37	4:52:28	
70.	Art Weaver,44,ONT	4:54:59	
71	Chris Gostek,36,MI	4:57:28	
<b>72</b> .	Dale Weitzel, 43, PA	4:59:51	
<b>73</b>	Pat Marsh,48	5:00:58	
74.	Paul Salerni,39	5:09:48	
<b>75</b> .	Mark Glosenger,41	5:10:55	
76.	Jesse Milonovich,21	5:14:56	
77.	Wendy Milonovich,28	5:14:57	
78.	Donald Herres,45	5:20:47	
<b>79</b> .	Katy Gottschalk,54	5:22:48	
80.	Robert Vidulich,46	5:25:10	
81	Mae High,42,PA	5:36:18	
<b>82</b> .	Jeanice Naulty,38,PA	5:48:51	
83.	Judy DeTemple,44,PA	5:48:51	
84.	Diana Johnson,44	5:55:30	
85.	Bill Holsten,43	5:59:09	
86.	Connie Peet,32	6:05:22	
87.	Michael Benson,40	6:05:23	
88.	David Connors,66	6:25:35	
89	John VanLierde,59	7:17:54	
90.	Theresa Jacolenne, 44, OH	8:35:30	
91	Mike Jacolenne,43,OH	8:35:30	
! = course record			

With crazy rules devised by Race Director John McMurry, it was brains, not speed, that won the men's race. The rules were simple:

- Subtract two minutes from your finish time for each "delectable treat" (onequarter-inch slice of slippery, slimy, swinish Spam) consumed at the turnaround;
- Find an animal toy in the woods and return it to the finish for five minutes subtracted; and
- Failure to carry a water bottle adds five minutes.

Jim Jones found and carried three stuffed animals to the finish -- the 15 minutes thus subtracted gave him a 14-second edge over Gary Burdick, who carried no animals nor ate any Spam.

Adding to the merriment was the opportunity for runners to choose their own route to and from the summit of Virgil Mountain -- one mile as the crow flies and 1,000 feet of climb from the start/finish at "The Rafters." Most folks took a roundabout 1.6-mile route to the top, but several orienteering types took the "as the crow flies" route through the brush and woods, thus saving a minute or two each way.

This year some class was added as champagne was available at the turnaround. Many runners agreed that blubbery Spam goes down easier with some bubbly, but no runner consumed more than-two slices.

In the women's race, Audrey Balander prevailed for the second year, slicing (with the help of a slice of Spam) three seconds from her previous course record.

The weather was nearly perfect: 65° at the start and 75° later (in the woods); the humidity was low and the sky clear.

Joe Dabes