



## Afton Trail Run - 50K Results - July 7, 2007

Place	Name	Age	S	City	St	Time	Pace
1	Patrick Russell	31	M	Mpls	MN	3:59:43	7:43
2	Andy Holak	39	M	Duluth	MN	4:13:09	8:09
3	Matt Howard	38	M	La Crosse	WI	4:14:46	8:12
4	John Storkamp	27	M	Hastings	MN	4:16:02	8:15
5	Eve Rembleski	39	F	Watertown	MN	4:18:22	8:19
6	Todd Nott	43	M	Plattsmouth	NE	4:21:04	8:25
7	Joe Ziegenfuss	32	M	Minnetonka	MN	4:21:39	8:26
8	Duke Rembleski	31	M	Watertown	MN	4:39:22	9:00
9	Joe Winch	51	M	Knoxville	IA	4:47:32	9:16
10	Justin Youngblom	22	M	River Falls	WI	4:47:51	9:16
11	Jason Krezinski	34	M	Kewaskum	WI	4:49:56	9:20
12	Brian Moen	37	M	Ramsey	MN	4:55:56	9:32
13	Ann Heaslett	43	F	Madison	WI	5:02:38	9:45
14	Dan Kasper	49	M	Northfield	MN	5:04:56	9:49
15	Eric Youngblom	19	M	Wells	MN	5:09:29	9:58
16	John MacBean	38	M	Plymouth	MN	5:10:06	9:59
17	Kathy Higgins	41	F	Ventura	CA	5:11:12	10:01
18	Damien Londino	39	M	Austin	MN	5:11:13	10:01
19	John Oker-Blom	34	M	Woodbury	MN	5:21:32	10:21
20	Steve Quick	44	M	Maplewood	MN	5:29:11	10:36
21	David Peters	52	M	Omaha	NE	5:33:17	10:44
22	Tyler Behrends	27	M	Zumbrota	MN	5:33:24	10:44
23	James Ehasz	54	M	Platteville	WI	5:38:31	10:54
24	Karen Douglas	36	F	Bennington	NE	5:39:00	10:55
25	Todd Rowe	50	M	Excelsior	MN	5:39:32	10:56
26	David Ehasz	45	M	St Paul	MN	5:40:46	10:59
27	J Murilo Fonseca	20	M	St Paul	MN	5:41:17	11:00
28	Shana Scheiber	28	F	Madison	WI	5:42:13	11:01
29	Kevin Radel	48	M	Waunakee	WI	5:42:14	11:01
30	Kevin Martin	32	M	Hastings	MN	5:43:22	11:04
31	Todd Rowe	50	M	Excelsior	MN	5:43:43	11:04
32	Doug Thomas	53	M	Bloomington	MN	5:53:18	11:23
33	Bruce Smith	58	M	River Falls	WI	5:53:28	11:23
34	Jean Perez	43	F	San Antonio	TX	5:54:28	11:25
35	Pam Nielsen	30	F	Minnetonka	MN	5:58:37	11:33
36	Kami Holtz	35	F	Monticello	MN	5:58:38	11:33
37	Helen Lavin	30	F	Mpls	MN	5:58:38	11:33
38	Jon Drew	54	M	Minnetonka	MN	5:58:40	11:33
39	Kevin Nelson	48	M	Ft Calhoun	NE	6:03:11	11:42
40	Katherine Nelson	46	F	Ft Calhoun	NE	6:03:11	11:42
41	Herb Byun	63	M	Lino Lakes	MN	6:03:12	11:42
42	Keith Rudolph	55	M	Eagan	MN	6:03:30	11:42

43	Rick Wagar	44	M	Fargo	ND	6:03:58	11:43
44	Michael Cloutier	49	M	Princeton	MN	6:04:34	11:45
45	Brian Ferguson	38	M	Hudson	WI	6:07:21	11:50
46	Shawn Kelly	47	M	Fridley	MN	6:07:22	11:50
47	Greg Taylor	60	M	Mpls	MN	6:10:01	11:55
48	Trent Phillips	33	M	Palatine	IL	6:11:43	11:58
49	Jean Hougon	43	M	La Crosse	WI	6:11:44	11:58
50	Kristen Johnson	38	F	Madison	WI	6:12:34	12:00
51	Michael Scandrett	53	M	Mpls	MN	6:13:47	12:02
52	Jeff Allen	41	M	Wyoming	MN	6:14:32	12:04
53	Les Harder	49	M	Winnipeg	MB	6:14:42	12:04
54	Michael Rowe	26	M	Mpls	MN	6:16:22	12:07
55	Jason Husveth	35	M	Marine St.Cro	MN	6:17:27	12:09
56	Jo-Anne Hass	40	F	West St Paul	MB	6:18:02	12:11
57	Dave Bon	36	M	Owatonna	MN	6:18:48	12:12
58	Jim Stocco	54	M	Woodbury	MN	6:22:15	12:19
59	Tim Potter	53	M	Afton	MN	6:22:15	12:19
60	Brenda Bland	47	F	Madison	WI	6:25:29	12:25
61	Yukiko Nlshide	45	F	Rye	NY	6:25:29	12:25
62	Hiroyuki Nlshide	46	M	Rye	NY	6:27:16	12:28
63	Mark Seaburg	47	M	Hopkins	MN	6:28:32	12:31
64	Carrie Knapp	27	F	San Antonio	TX	6:29:06	12:32
65	John Beshara	53	M	Burnsville	MN	6:32:25	12:38
66	Scott Keltner	27	M	Colfax	WI	6:32:27	12:38
67	Jeff Oland	49	M	Nya	MN	6:32:52	12:39
68	David Lindgren	49	M	Maple Grove	MN	6:35:01	12:43
69	Kyle Raverty	31	M	Rochester	MN	6:35:36	12:44
70	Brian Hass	45	M	West St Paul	MB	6:37:05	12:47
71	John Taylor	45	M	Mpls	MN	6:37:23	12:48
72	Carl Gammon	52	M	Eden Prairie	MN	6:38:28	12:50
73	Steve Hagedorn	48	M	Duluth	MN	6:40:38	12:54
74	Jake Valento	29	M	Minneapolis	MN	6:42:55	12:59
75	Matt Sizer	30	M	North Mankato	MN	6:46:53	13:06
76	Pete Grimes	40	F	Frederic	WI	6:46:53	13:06
77	Taylor Maryon	28	M	Houghton	MI	6:47:26	13:07
78	Mark Stodghill	58	M	Duluth	MN	6:47:59	13:08
79	Nancy Kirstein	32	F	Sioux Falls	SD	6:49:24	13:11
80	Tom Weigt	55	M	Mankato	MN	6:55:16	13:22
81	Karen Gall	47	F	So St Paul	MN	7:00:40	13:33
82	Teri Takehiro	45	F	Northfield	MN	7:01:20	13:34
83	Robert Tipan	30	M	Winnipeg	MB	7:06:14	13:44
84	Lynn Saari	41	F	Rochester	MN	7:06:15	13:44
85	Daryl Saari	44	M	Rochester	MN	7:07:07	13:45
86	Craig Swanson	53	M	Plymouth	MN	7:15:27	14:01
87	Brook Wheeler	36	F	Chanhassen	MN	7:15:44	14:02
88	Jeff Goldstein	50	M	Maple Grove	MN	7:17:22	14:05
89	Valerie Raverty	30	F	Rochester	MN	7:25:03	14:20
90	Warren Taylor	60	M	North Mankato	MN	7:33:03	14:35
91	Marius Hansen	24	M	Plymouth	MN	7:33:30	14:36
92	Randy Snyder	58	M	Roseville	MN	7:33:40	14:37
93	Mary Croft	61	F	Bayport	MN	7:46:35	15:02
94	Aaron Hansen	26	M	Champlin	MN	7:50:21	15:09

95	Londell Pease	44	M	Bloomington	MN	7:52:38	15:13
96	Les Martisko	63	M	Prior Lake	MN	7:55:37	15:19
97	Duane Grigg	56	M	Gainesville	MO	7:59:07	15:26
98	Laurence Macon	62	M	San Antonio	TX	7:59:42	15:27
99	James Simpson	65	M	Huntington B.	CA	7:59:42	15:27
100	Wally Goettl	61	M	Stillwater	MN	8:02:37	15:32
101	Doug Allen	43	M	Stillwater	MN	8:05:11	15:37
102	Joseph Galloway	50	M	Des Moines	IA	8:27:12	16:20
103	Craig Dolan	31	M	Armstrong	IA	8:37:17	16:39
104	Samantha Deshler	30	F	Armstrong	IA	8:37:17	16:39
105	Phillip Smith	59	M	Edina	MN	9:03:33	17:30
106	Varsha Kulkarni	43	F	Grayslake	IL	9:33:26	18:28